

## Westminster School Sport Hot Weather Policy

Consideration of weather conditions is an important component in students' preparation for sport. They should ensure they have:

- Adequate drink intake both before and during practice and games.
- A Westminster School cap or hat for use, when appropriate, during practice and games.
- Sunscreen for application when appropriate.

## Senior School Sport General Hot Weather Policy

The following policies are the general Hot Weather Policies for Boys' Sport and Girls' Sport. From time to time, certain sports may have specific weather criteria set that vary from the general policies. The sports coach will advise if this is the case.

### Hot Weather Policy for Boys' and Girls' Sport Practices

Westminster's Hot Weather Policy for practices is as follows:

Unless coaches have made prior overriding arrangements with their team, afternoon outside practices will be cancelled when the predicted temperature in that morning's issue of *The Advertiser* (print or on-line) is 36 degrees or higher.

**Cancellations are NOT applicable to:**

- Swimming training
- Sessions/Activities programmed in the 'before school' timeslot of 7.30 - 8.30am.
- Indoor trainings eg badminton, volleyball or basketball. These sessions will be modified by the coaches accordingly.

### Hot Weather Policy for Senior School Girls' Matches

IGSSA has formulated a Hot Weather Policy for its matches and most of our girls' sport in the Senior School is under the auspices of IGSSA:

- Girls' mid-week matches are cancelled if the predicted temperature in *The Advertiser* for that day is 36 degrees or higher.
- Saturday Matches are cancelled if the temperature for Saturday is predicted to be 38 degrees or above at 12pm on the preceding Friday on the Bureau of Meteorology website ([www.bom.gov.au/sa/forecasts/adelaide.shtml](http://www.bom.gov.au/sa/forecasts/adelaide.shtml)).
- If the forecast temperature is less than 38 degrees, but conditions are still considered as extreme, the IGSSA Executive Officer, in consultation with the IGSSA Chairperson and Coordinators, will inform Coordinators of schools of the decision to cancel sport.

### Hot Weather Policy for Senior School Boys' Matches

The following is the policy for SAAS sports (formally ISSA), which covers most of our boys' sport competitions:

- If the temperature for the forthcoming Saturday is forecast to be 38 degrees or more in the Friday's *The Advertiser*, all Saturday sport will be cancelled.
- If the forecast temperature is less than 38 degrees, but conditions are still considered as extreme, the SAAS Sporting Administrator, in consultation with the Chair of Executive and Coordinators, will inform both Coordinators and Principals of schools by either fax or email of the decision to cancel sport.
- The exception to the cancellation rule on Saturday's is 1<sup>st</sup> XI Cricket, which is played at the discretion of the schools involved.

## Preparatory School Hot Weather Policy

### Sports Matches

- Mid-week sporting matches, usually held after School, will be cancelled when the predicted maximum temperature is 35 degrees or higher, as appears in the day's *The Advertiser*.
- Even on hot days, sporting matches conducted on a Saturday will generally be held as they are played early in the morning. In extreme conditions, however, the sports coach may cancel the match after consideration of the conditions and reference to local association recommendation. Each sports coach will make their own arrangements to advise players of the decision to cancel.

### Sports Practices

- Sports practices are always held as scheduled.
- When the predicted maximum temperature is 35 degrees or higher, as appears in that days The Advertiser, no 'in-the-sun' activities will occur, but modified activities may be conducted.
- If at the start of practice, rain is severely compromising the activity, coaches will take the students undercover or indoors for theoretical or modified activities.
- Parents who are in the vicinity on days of extreme conditions may choose to collect their children earlier. If this is not the case, their regular sports coach will supervise the students until the normal finish time.