

# Post-Separation Parenting Course

## Dealing with change after separation

A workshop for separated parents wanting to understand and manage the changes in their family

This course is for families experiencing separation

### This workshop will enable you to:

- Share with others about what is different now that the family has changed
- Learn about what your children need from you
- Learn about communicating respectfully with the other parent
- Identify what gets in the way of working together as parents
- Develop strategies to deal with what gets in the way
- Understand the developmental attachment needs of your children



### Available Sessions

Venue: Centacare, Level 2 45 Wakefield Street, Adelaide		Cost: \$5.00 – No fee for mediation clients	
Friday 28.05.2021	10.00am – 12.00pm	Wednesday 08.09.2021	6.00pm – 8.00pm
Friday 04.06.2021	9.30am – 11.30am	Wednesday 22.09.2021	1.30pm – 3.30pm
Wednesday 16.06.2021	6.00pm – 8.00pm	Wednesday 06.10.2021	9.30am – 11.30am
Friday 09.07.2021	10.00am – 12.00pm	Wednesday 20.10.2021	1.30pm – 3.30pm
Wednesday 28.07.2021	1.30pm – 3.30pm	Wednesday 03.11.2021	6.00pm – 8.00pm
Wednesday 11.08.2021	6.00pm – 8.00pm	Friday 26.11.2021	9.30am – 11.30am
Friday 27.08.2021	9.30am – 11.30am	Thursday 09.12.2021	1.30pm – 3.30pm

**Bookings essential. Please contact Centacare on 8215 6700 or email your details to: [registrations@centacare.org.au](mailto:registrations@centacare.org.au)**

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