



Centacare

Inside Their Heads - Understanding Teenagers

This course is for families experiencing separation

Come along and learn about:

- What's happening for today's teens
- The tasks of adolescence
- Adolescent brain development
- Setting boundaries
- Communication that encourages two-way respect and understanding



Venue:

Centacare
Level 2, 45 Wakefield Street
Adelaide, SA 5000

Date and Time:

Thursday 19 March 2020
1:00pm – 3:00pm

Participant Feedback

"Thank you for your time this is a great service that's why I've come back for the second time."

"I enjoyed listening to the speaker she was fantastic and very warm."

"Thank you. Whilst we were recommended to come along due to a custody dispute, I'm so glad we did! We have learnt so much."

**Bookings essential. Please contact Centacare on 8215 6700 or
email your details to: registrations@centacare.org.au**

This project is jointly funded by Centacare Catholic Family Services and the Department of Social Services

www.centacare.org.au