



Centacare

How to Talk so Kids will Listen

This course is for families experiencing separation

Do you feel like your requests are falling on deaf ears?

Come along and learn how to:

- Develop strategies to communicate effectively with your kids
- Really hear what your kids are trying to tell you
- Explore realistic expectations and setting boundaries
- Foster resilience in your child



Date and Time:

Thursday 05 March 2020
1:00pm – 3:00pm

Venue:

Centacare Level 2,
45 Wakefield Street,
Adelaide SA 5000

Participant Feedback

“Good strategies, that are relevant to our household and can be implemented.”

“Very useful, well delivered, relaxed environment, easy to follow/understand.”

“I really enjoyed the insights, particularly the research.”

Bookings essential. Please contact Centacare on 8215 6700 or email your details to: registrations@centacare.org.au

This project is jointly funded by Centacare Catholic Family Services and the Department of Social Services

www.centacare.org.au