

Sports health services

Providing accessible client-centred care while educating the next generation of health professionals.

A single destination for tailored sports healthcare including Physiotherapy, Exercise Physiology, Podiatry, High Performance and GP services.



Sports health

Adults and youth can benefit from the care of our multi-disciplinary team at the UniSA health clinics. Services include:

Physiotherapy

Delivering hands-on quality care to restore, maintain and promote optimal physical function and sports participation. Assessment, treatment and management of sporting injuries as well as advice on injury prevention and recovery.

Exercise Physiology

Working with amateur and professional athletes to equip them with practical exercise advice and programs to support desired sporting performance.

Podiatry

Providing foot and lower limb clinical services including treatment of sporting injuries, biomechanics assessment and treatment to reduce pain.

High Performance

Specialising in exercise and sports science testing, analysis and prescription services catering to elite and amateur athletes and teams, designed to meet their specific needs.

Dietetics

Helping sports enthusiasts and amateur athletes with nutrition advice to support their sports performance and achieve their goals.

Doctors

Offering assessment and diagnosis of common sports injuries and biomechanical issues. Referral for radiology services or orthopaedic assessment.

Why choose UniSA health clinics?

Our clinics provide you with accessible client-centred care, from a range of health care services, in a single destination.

We also deliver quality clinical education to UniSA students – our next generation of healthcare professionals. Student services are supervised by qualified clinicians.

Plans and Pricing:

Prices vary between student-delivered services and clinician services. UniSA health clinics can support Medicare plans, National Disability Insurance Scheme (NDIS) funded plans, private health cover, or self-funded clients. Please call our friendly staff to discuss pricing options.

To book an appointment, please contact:

Adelaide CBD

UniSA City East and City West campuses
North Terrace, Adelaide
8302 0986

Magill and Eastern suburbs

Magill Campus
Bundey St, Magill
8302 4013

More information can be found at unisa.edu.au/community-clinics

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