



Dear Parents/Guardians,

Westminster Year 9 Camp - 2019

As indicated in the School Calendar, a Year 9 Camp will be conducted during Week 4 of Term 2 (Monday 20 May – Friday 24 May). Each class will be involved in a 5-day program involving a preparation day on the Monday, conducted at school, followed by a 2-day bushwalk and a 2-day residential experience.

The emphasis of the camp will be on outdoor education, challenge, opportunities to develop leadership, positive group and personal skills and increasing student's environmental awareness.

The preparation day will be held at Westminster School and students are to arrive at school in PE uniform at 8.45am and meet in the gym. One of the sessions will be conducted in the pool, so students **will need appropriate bathers/boardies/rashies** for this activity. Students will be dismissed at 3.30pm as per the usual school day.

The 2-day residential programme will be conducted at the Baptist Church SA Adventure Camping at Mylor and the 2-day bushwalk will be conducted along the scenic South Coast section of the Heysen Trail staying overnight at Waitpinga Beach campground and finishing at the Bluff.

The 2-day Bushwalking expedition can be counted as the practice walk for the Bronze Duke of Edinburgh Award. Parents must register their child in the Award Scheme if they wish to count this activity towards the Bronze Award. Other Duke of Edinburgh activities are listed on the school calendar or on Inspire at Play@West-Outdoor Education. Enrolment details are attached.

The entire camp is designed to build on the Year 8 Camp, introduce expedition skills, consolidate camping skills, working collaboratively, building stronger, healthier relationships with students/staff and serve as a foundation for students' involvement at Westventure, the Duke of Edinburgh Award and Round Square activities.

Throughout the camp the students will be working in their House groups. A program of activities is attached. Mr Rob McLean will be coordinating the bushwalk component and Ms Julie Engelhardt the residential component with assistance from other staff and instructors.

For students wanting to join the Duke of Edinburgh Award scheme there is a registration fee of \$165.00. Information about the Award Scheme and opportunities at Westminster accompanies the camp information. This fee will be added to the student's account when the registration form is returned, unless other payment options are selected.

Rucksacks, tents, Trangia stoves, food and activity equipment will be provided. An equipment list is attached. Students bushwalking Tues / Wed will be given rucksacks on Monday at school. Any personal gear not required on the bushwalk can be left in a bag on the bus. Students walking on Thurs/Fri will get their rucksacks at Mylor and pack before departing with assistance from staff. Students can use their own equipment if it is suitable.

Please complete the attached consent forms and optional Duke of Edinburgh Registration form and return them to your child's Tutor before the end of Week 2, Term 2. If you have any questions or need more information regarding the nature of the activities, please don't hesitate to contact us.

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PROGRAMME – YEAR 9 Camp Week 4 Term 2

DAY	Carter Clark Fricker	Heaslip Jeffries	Dunstan Fereday Forder	Kelly Woollacott
Monday	<p>Arrive at school in PE uniform by 8.45 am.</p> <p>Bring Bathers</p> <p>Meet in Gym</p> <p>Students will rotate through preparation sessions in various locations within school grounds.</p> <p>Dismissed @ 3.30pm</p>	<p>Arrive at school in PE uniform by 8.45 am.</p> <p>Bring Bathers</p> <p>Meet in Gym</p> <p>Students will rotate through preparation sessions in various locations within school grounds.</p> <p>Dismissed @ 3.30pm</p>	<p>Arrive at school in PE uniform by 8.45 am.</p> <p>Bring Bathers</p> <p>Meet in Gym</p> <p>Students will rotate through preparation sessions in various locations within school grounds.</p> <p>Dismissed @ 3.30pm</p>	<p>Arrive at school in PE uniform by 8.45 am.</p> <p>Bring Bathers</p> <p>Meet in Gym</p> <p>Students will rotate through preparation sessions in various locations within school grounds.</p> <p>Dismissed @ 3.30pm</p>
Tuesday	<p>Meet at School 8.45. Depart for Mylor.</p> <p>Initiatives, bridge/raft building, challenge course, canoeing, flying fox.</p> <p>Dinner.</p> <p>Games organised by yr 12 leaders.</p> <p>Dorm accommodation</p>	<p>Meet at School 8.45. Depart for Mylor.</p> <p>Initiatives, bridge/raft building, challenge course, canoeing, flying fox.</p> <p>Dinner.</p> <p>Games organised by yr 12 leaders.</p> <p>Dorm accommodation</p>	<p>Meet at School 8.45.</p> <p>Depart for walk start on Heysen Trail.</p> <p>Navigation, campcraft and beach activities.</p> <p>Overnight camp in tents at Waitpinga Beach.</p>	<p>Meet at School 8.45.</p> <p>Depart for walk start on Heysen Trail.</p> <p>Navigation and campcraft activities.</p> <p>Overnight camp in tents at Waitpinga Beach.</p>
Wednesday	<p>High/low ropes course, x-country run, Frisbee golf, bouldering.</p> <p>Dinner</p> <p>Talent night</p> <p>Dorm accommodation</p>	<p>High/low ropes course, x-country run, Frisbee golf, bouldering.</p> <p>Dinner</p> <p>Talent night</p> <p>Dorm accommodation</p>	<p>Continue walking along Heysen Trail.</p> <p>Investigate revegetation sites and enjoy stunning views from cliff-tops.</p> <p>Finish at the Bluff.</p> <p>Transfer to Mylor.</p> <p>Dorm Accommodation</p>	<p>Continue walking along Heysen Trail.</p> <p>Investigate revegetation sites and enjoy stunning views from cliff-tops.</p> <p>Finish at the Bluff.</p> <p>Transfer to Mylor.</p> <p>Dorm Accommodation</p>
Thursday	<p>Depart Mylor at 8am.</p> <p>Transport to Waitpinga walk start.</p> <p>Pack Rucksacks and food. Start Walk.</p> <p>Navigation, campcraft and beach activities.</p> <p>Overnight camp in tents at Waitpinga Beach.</p>	<p>Depart Mylor at 8am.</p> <p>Transport to Waitpinga walk start.</p> <p>Pack Rucksacks and food. Start Walk.</p> <p>Navigation, campcraft and beach activities.</p> <p>Overnight camp in tents at Waitpinga Beach.</p>	<p>High/low ropes course, x-country run, Frisbee golf, bouldering.</p> <p>Dinner</p> <p>Talent night</p> <p>Dorm accommodation</p>	<p>High/low ropes course, x-country run, Frisbee golf, bouldering.</p> <p>Dinner</p> <p>Talent night</p> <p>Dorm accommodation</p>
Friday	<p>Continue walk along Heysen Trail.</p> <p>Investigate revegetation sites and explore cliff-tops.</p> <p>Finish at the Bluff.</p> <p>Return to School by 3.00 pm</p>	<p>Continue walk along Heysen Trail.</p> <p>Investigate revegetation sites and explore cliff-tops.</p> <p>Finish at the Bluff.</p> <p>Return to School by 3.00 pm</p>	<p>Initiatives, bridge/raft building, challenge course, canoeing, flying fox.</p> <p>Pack up.</p> <p>Return to School by 3.00 pm</p>	<p>Initiatives, bridge/raft building, challenge course, canoeing, flying fox.</p> <p>Pack up.</p> <p>Return to School by 3.00 pm</p>





EQUIPMENT LIST

- Please provide recess and Lunch for Monday and Tuesday.
- On Monday come to school in PE uniform, but remember to bring appropriate pool attire (Bathers/boardies/rashies).
- All students walking Tues-Wed (Dunstan, Fereday, Forder, Kelly, Woollacott) need to have a school rucksack packed with bushwalking requirements for the walk and a sports bag to transfer their belongings into on the Thursday morning. Rucksacks will be given out during preparation day on Monday, 26 May.
- All students walking Thurs-Fri (Carter, Clark, Fricker, Heaslip, Jeffries) need to bring their gear in a sports bag on Tuesday and transfer their bushwalking gear into the rucksack on Thursday. Rucksacks will be provided to students at the campsite on Wednesday night.
- Any clothes etc. not required for the hike will be left in their sports bag in the bus until the hike is completed.

Recommended Clothing

- 3 shirts, one light, the other two warmer. Preferably long sleeved for better sun protection.
- 2 pairs of long trousers or shorts, track suit pants are ok. (Try to avoid jeans for walking as they don't dry)
- Walking shoes – sturdy track shoes are fine, although they will get knocked around a little. Don't buy walking boots just for this trip and make sure anything you wear is WELL WORN IN!
- Underwear
- Old woollen jumper or fleece jacket. Please avoid synthetic fabric jumpers, as they will not keep you warm when they are wet.
- At least 2 pairs of thick walking socks. ('Explorer' socks can be purchased from supermarkets)
- Broad-brimmed sunhat, one that covers the ears and back of neck (not a baseball-style hat if possible)
- Warm wear, such as a beanie, thermals and gloves for the cold nights
- Shorts for walking in or combination of shorts/tights or similar
- Pyjamas
- Waterproof jacket
- Bathers & boardies (for use in the indoor heated pool at base camp)
- Shoes/wet weather shoes that will get wet
- 1 set of old clothes & shoes that can get wet and dirty for the Challenge course

Sleeping

- Sleeping bag (preferably one that is easy to pack especially for the walk)
- Single bed Sheet (optional)
- Pillow (For use at base camp only, can be left on bus whilst walking)
- Sleeping mat or thermarest for the walk (to insulate you from the ground) – compact, you will be carrying it!!





Toiletries

- Small amount of soap
- Roll-on deodorant (aerosol will be confiscated)
- Toothbrush and toothpaste
- Comb or brush, shampoo.
- Small Towel
- Any personal first aid equipment (i.e. Ventolin, bandaids etc.)
- Sunscreen and SPF Lip-balm

Eating

- Light plate, bowl & mug
- Eating utensils and tea towel
- 1-2 litre strong water container

General

- Pencil, pen & notebook
- 3 large plastic bags (for dirty clothes)
- Torch (small/lightweight/spare batteries)
- 1 garbage bag for rucksack liner (orange 'garden bags' are best) to keep contents dry
- Small Camera (no phones or iPods allowed)

Group Equipment (school provides)

- Tent plus poles & pegs
- Rucksack for the 2 day walk component
- Trangia stove and fuel bottle
- Group First Aid Kit

NOT ALLOWED

- Gum, snack food, iPod's etc, aerosol deodorant.

** Please note – Mobile phones will be collected on the bus on Tuesday and returned on Friday as we are driving home. Better still.... Leave your phone at home.





CONSENT FOR CAMP

As parent/guardian of:

(student name)

I give my consent:

(your name)

For my son/daughter to participate in:

YEAR 9 CAMP

at / on

Mylor / South Coast **May 20 – May 24, 2019**
**Monday 20 school based preparation
**Camp departs on Tuesday 21

Agreement

- I agree to delegate my authority to supervising teachers/instructors. Such leaders may take whatever disciplinary action they deem necessary to ensure the safety, well-being and successful conduct of the students as a group and individually.
- In the event of an accident or illness, and contact with me being impracticable or impossible, I authorise the teacher-in-charge to arrange whatever medical or surgical treatment a registered medical practitioner considers necessary. I will pay all medical and dental expenses incurred on behalf of my child.
- I have provided all information necessary to plan safe and reasonable health care support for my child. This includes, if relevant, information about any activity modifications my child may require for medical reasons.
- I consent to my child's doctor or medical specialist being contacted by medical personnel in an emergency.
- The information given is accurate to the best of my knowledge.

Signed: _____

Date: ____ / ____ / ____

EMERGENCY FAMILY CONTACTS

Parent/Guardian

(address)	(home phone)	(work phone)	(mobile phone)
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Alternative Emergency contact

(name)	(address)	(phone)
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DUKE OF EDINBURGH PARTICIPANT APPLICATION FORM

Return to Westminster School: Attention Gordon Begg

SECTION 1

Name:
[Given Name(s)] [Family Name]

Home Address:

City/Suburb:State/Territory:Postcode

Gender: Male Female

Date of Birth: Age:

Phone: (Home)..... (Mob).....

Email:

Award Unit: Westminster School

Level of Entry: Bronze Silver Gold

Registration Fee (please circle applicable level below)

Level (Please tick the appropriate level & fee)	Registration Fees	For subsidy, please contact State Award Office
Bronze	<input type="checkbox"/> \$165	<input type="checkbox"/> Subsidy Requested
Silver	<input type="checkbox"/> \$175	<input type="checkbox"/> Subsidy Requested
Gold	<input type="checkbox"/> \$185	<input type="checkbox"/> Subsidy Requested

Payment Method:

<input type="checkbox"/> Invoice to Westminster School (preferred method)	Payment recovered through students' school billing account

SECTION 2

PARENTAL OR GUARDIAN CONSENT

This Section Must Be Completed for Participants Under 18 Years of Age

I
(name of parent or guardian)

am the parent/guardian of (the participant named in Section 1).

I consent to him/her participating in the Award Program under the supervision of **[Westminster School]** (the "Award Unit") and undertaking activities to fulfil the requirements of the Award Program.

Parent or Guardian Signature Date



Staff supervising this camp will use the medical and personal information you have already provided to the school and which is recorded on the School's database. If circumstances have changed since last updating your child's personal information please advise of any changes using the attached form. All forms should be returned to the Senior School Office. After reviewing the camp programme please advise us of any additional information that would assist our staff to care for your child in this camp setting. This information will not be used to update the School's permanent records and will only be used for this camp/activity.

**ADDITIONAL INFORMATION
SPECIFIC TO THIS ACTIVITY / CAMP**

Confidential

To be completed by the PARENT/GUARDIAN for students who need additional support whilst on camp. This information is confidential and will be available only to supervising staff and emergency medical personnel and will not be recorded on the School's permanent database records.

Student Name _____

Please provide details of any current situation that will affect your child undertaking this activity/camp including any dietary needs.

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Routine supervision for health care related safety

Does your child need additional supervision for health-related safety? Yes No

If yes, consider and attach as relevant:

- Instructions from the child's doctor
- Medication plan
If assistance with medication must occur on camp identify responsibilities for:
 - Delivery, storage, supervision, record keeping
 - Off-site activities
 - Reminding if necessary
- Health service provider details
If a care/health worker is involved because requirements exceed staff training and duties (i.e. other than oral or metered dose inhaler medication), write down:
 - Who this is and the contact staff member?
 - How, when and where will this occur?

Signed: _____ **Date:** ____ / ____ / ____



INFORMATION TO UPDATE SCHOOL'S PERMANENT RECORDS

Confidential

To be completed by the PARENT/GUARDIAN to update student information on the School's permanent database records.

Student Name _____

Personal

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Medical

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Other

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Signed: _____ Date: ____ / ____ / ____

