



FROM THE HEAD OF OUTDOOR EDUCATION

Westminster Year 8 Camp 2019

Dear Parents/Guardians,

As indicated in the School calendar, a Year 8 camp will be conducted during week 2 of Term 2 (6-10 May). Each class will be involved in a 3-day **base** camp at Douglas Scrub, in the vicinity of Kuitpo Forest, in the Adelaide Hills. Classes 8.1 (NMS), 8.2 (SSW) and 8.3 (PJW) will be involved Monday – Wednesday and classes 8.4 (AMP) and 8.5 (SZC) will be involved Wednesday – Friday. Normal school activities will apply on the 2 days back at Westminster.

The emphasis of the camp will be on outdoor education, group and personal skills, decision-making and team building. In controlled situations, the students will be involved in a wide variety of activities and challenges to develop these skills and behaviours. These activities will include adventure trails, initiative games and a new high ropes course at Douglas Scrub.

The camp is designed to build on the skills developed in the Preparatory School outdoor program, but still serve as an introduction to students unfamiliar with living and learning in an outdoor environment. It will also serve as a foundation for the Year 9 Camp, Year 10 Westventure and the Duke of Edinburgh Award offered by the School.

Accommodation will be in tents, but we do have access to toilets, showers and some cooking facilities. All major equipment will be supplied by the school, with a list of what students require detailed on the attached page. If a student wishes to use some of their own equipment, including tents, this is welcomed.

Throughout the camp the students will be working in their class groups, i.e. 8.1 (NMS), 8.3 (PJW) etc. Gordon Begg and other Outdoor Education staff will be conducting the camps with assistance from class tutors and instructors. Some contracted staff from **Venture Corporate Recharge** will assist on the High and Low Ropes Course that they own.

Below is a **sample** of the activities students will be engaged in:

	DAY ONE	DAY TWO	DAY THREE
a.m.	<ul style="list-style-type: none"> • Bus to Cleland • Guided Walk and Animal Show • Bus to Douglas Scrub • Lunch 	<ul style="list-style-type: none"> • High and Low Ropes Course at Douglas Scrub 	<ul style="list-style-type: none"> • Short course orienteering • Multi-activity triathlon
p.m.	<ul style="list-style-type: none"> • Camp-craft • Initiative Activities • Trust Games • Adventure course 	<ul style="list-style-type: none"> • Guided Orienteering in Kuitpo Forest 	<ul style="list-style-type: none"> • Pack up personal equipment • Return to School
night	<ul style="list-style-type: none"> • BBQ dinner • Class activity (Bush Dancing) 	<ul style="list-style-type: none"> • Student prepared meals on Trangia stoves • Class activity (Games Night) 	

Please complete the attached form (including the **VCR ONLINE Registration**) and return it to the Class Tutor as soon as possible. If you have any questions or need more information regarding the nature of the activities please don't hesitate to call me during Term 1 or early in Term 2.

Gordon Begg
School: 8276 0337 / 0428 974 759
Email: gbegg@westminster.sa.edu.au





EQUIPMENT LIST FOR YEAR 8 CAMP

Equipment should be packed in sports bags or rucksacks. Suitcases would be unsuitable.

ESSENTIALS

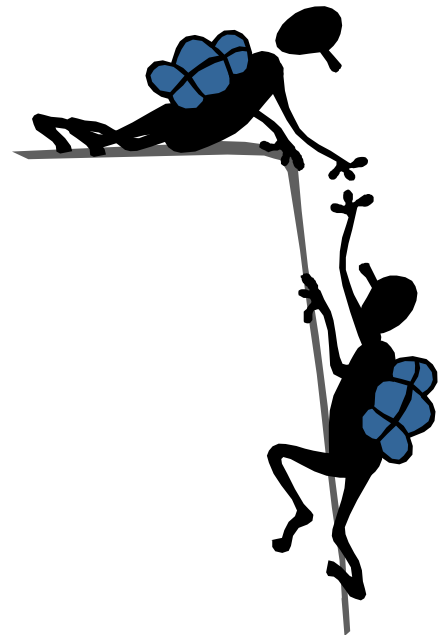
- Normal casual clothes for warm and cool conditions (2-3 days)
- Comfortable shoes (at least one pair suitable for walking or track shoes)
- One raincoat or waterproof jacket
- Socks, underwear, hankies etc.
- Toiletries - toothpaste, toothbrush, soap, small towel
- 30+ Sunscreen
- Hat and beanie
- 1 set of cutlery (knife, fork, spoon) and unbreakable plate, bowl and mug
- 1 tea towel
- Sleeping bag. No swags allowed.
- Pillow
- Air mattress, roll mat or thermarest (some roll mats are available from the school). No Swags.
- 1-2 litre water container
- Pencil, pen and small writing pad

NOT ALLOWED

- iPods, radios, portable computer games, mobile phones etc.
- Lollies, chips, gum etc.

SPECIAL ITEMS

- Small backpack or similar for daily use
- Personal medication with labels and clear instructions
- Torch and spare batteries (a small torch is sufficient). Preferably a head-torch
- Packed lunch and drink for day one
- A cake, slice etc. or packet of biscuits for shared suppers
- Digital Camera (optional)
- **NO** pocket money is required



Venture Corporate Recharge Child participant registration letter 2019

Dear parent/ caregiver of Venture (**High Ropes**) participant,

We look forward to your child participating in one of our exciting and valuable upcoming learning experiences.

In order for your child to participate in the approaching program, you are required to register them online via the privately accessed registration page specific to your child's group event.

To access your child's unique registration event please use the link provided below. The page contains information on all aspects of the program and allows you to view and download all related documents.

Web page link:

7th May - <https://wildernessescape.configio.com/go/westminsterhr2019-day1>

9th May - <https://wildernessescape.configio.com/go/westminsterhr2019-day2>

You simply need to type this link into the URL Address bar of your web browser (Address box at top of page - NOT Google search) and follow the registration guide on the page.

Please complete your online registration by 3rd May 2019 to assist with collation of information and to allow for any follow up that may be necessary.

By completing the online registration process you are consenting to your child's participation in the approaching program. You will be required to complete the "General Consent" section, which includes an acknowledgement of the inherent risks associated with the activities.

If you have any queries about the registration process please feel free to contact us via the details below.

Thanks,

Venture Corporate Recharge.

Venture Corporate Recharge

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CONSENT FOR CAMP

As parent/guardian of: (student name)

I give my consent: (your name)

For my son/daughter to participate in:	YEAR 8 CAMP 1 (8.1 NMS, 8.2 SSW, 8.3 PJW)	YEAR 8 CAMP 2 (8.4 AMP, 8.5 SZC)	PLEASE CIRCLE
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at / on	(at) DOUGLAS SCRUB	(date) CAMP 1: 6-8 MAY 2019 CAMP 2: 8-10 MAY 2019
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Agreement

- I agree to delegate my authority to supervising teachers/instructors. Such leaders may take whatever disciplinary action they deem necessary to ensure the safety, well-being and successful conduct of the students as a group and individually.
- In the event of an accident or illness, and contact with me being impracticable or impossible, I authorise the teacher-in-charge to arrange whatever medical or surgical treatment a registered medical practitioner considers necessary. I will pay all medical and dental expenses incurred on behalf of my child.
- I have provided all information necessary to plan safe and reasonable health care support for my child. This includes, if relevant, information about any activity modifications my child may require for medical reasons.
- I consent to my child’s doctor or medical specialist being contacted by medical personnel in an emergency.
- The information given is accurate to the best of my knowledge.

Signed: _____

Date: ____/____/____

EMERGENCY FAMILY CONTACTS

Parent/Guardian

(address)	(home phone)	(work phone)	(mobile phone)
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Alternative Emergency contact

(name)	(address)	(phone)
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Staff supervising this camp will use the medical and personal information you have already provided to the school and which is recorded on the School's database. If circumstances have changed since last updating your child's personal information please advise of any changes using the attached form. All forms should be returned to the Senior School Office. After reviewing the camp programme please advise us of any additional information that would assist our staff to care for your child in this camp setting. This information will not be used to update the School's permanent records and will only be used for this camp/activity.

ADDITIONAL INFORMATION SPECIFIC TO THIS ACTIVITY / CAMP

Confidential

To be completed by the PARENT/GUARDIAN for students who need additional support whilst on camp. This information is confidential and will be available only to supervising staff and emergency medical personnel and will not be recorded on the School's permanent database records.

Student Name _____

Please provide details of any current situation that will affect your child undertaking this activity/camp including any dietary needs.

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Routine supervision for health care related safety

Does your child need additional supervision for health-related safety? Yes No

If yes, consider and attach as relevant:

- Instructions from the child's doctor
- Medication plan
If assistance with medication must occur on camp identify responsibilities for:
 - Delivery, storage, supervision, record keeping
 - Off-site activities
 - Reminding if necessary
- Health service provider details
If a care/health worker is involved because requirements exceed staff training and duties (i.e. other than oral or metered dose inhaler medication), write down:
 - Who this is and the contact staff member?
 - How, when and where will this occur?

Signed: _____ **Date:** ____ / ____ / ____





INFORMATION TO UPDATE SCHOOL'S PERMANENT RECORDS

Confidential

To be completed by the PARENT/GUARDIAN to update student information on the School's permanent database records.

Student Name _____

Personal

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Medical

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Other

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Signed: _____ Date: ____ / ____ / ____

