



Centacare

How to Talk so Kids will Listen

Do you feel like your requests are falling on deaf ears?

Come along and learn how to:

- Develop strategies to communicate effectively with your kids
- Really hear what your kids are trying to tell you
- Explore realistic expectations and setting boundaries
- Foster resilience in your child



Date and Time:

Tuesday 12 February 2019
1:30pm – 3:30pm

Venue:

Centacare Level 2,
45 Wakefield Street,
Adelaide SA 5000

Participant Feedback

“Good strategies, that are relevant to our household and can be implemented.”

“Very useful, well delivered, relaxed environment, easy to follow/understand.”

“I really enjoyed the insights, particularly the research.”

Bookings essential. Please contact Centacare on 8215 6700 or email your details to: registrations@centacare.org.au

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www.centacare.org.au