

What to Bring.

The Weather

July is the middle of winter so expect cool and damp conditions. The average daily maximum is 15°C and the minimum can go as low as 5°C with the possibility of frost in the mornings. The days are usually clear, with occasional light to heavy showers.

What to Bring

CLOTHING

Normal casual clothes for cold conditions: jumpers, warm pants, thermals(?)
Smart casual clothes for the Conference Dinner and the Conference Social
Suitable warm clothes for Service Learning activities
Hats/beanie, gloves
Several pairs of sturdy shoes
A non-marking pair is needed for use in the gym
Waterproof/windproof jacket
Socks, underwear
Two towels (for shower and pool use)
Swimming bathers/togs

EQUIPMENT

Sleeping bag and pillow
Water bottle (there will also be one supplied in your conference registration package)
Garbage bag for laundry

TOILETRIES

Toilet gear – soap, toothbrush and toothpaste, deodorant, shampoo
Tissues
Thongs for bathroom

MEDICATION

All prescription and non-prescription medications need to be clearly labelled in a zip-lock bag with the name of the student, school and dosage, and is the responsibility of your delegation staff and yourself

OPTIONAL EXTRAS

Camera
Spending money
Small torch
Day pack (there will also be one supplied in your conference registration package)